



## SHOWER TAKEOVER

A great way to make a new habit stick is to fit it into your daily routine — that's why the shower is a great place to kickstart your checking habit and encourage your colleagues to do the same. A common reason we hear for not checking is, "I forget." So, we've created a handy shower resource to jog your memory and remind you and your colleagues to cop-a-feel.

The CoppaFeel! Shower Takeover is here to get you showing your chests some love whilst lathering up!

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pledge to help remind their team to get chest-checking by displaying

the handy CoppaFeel! shower resource in ..... bathrooms.

..... (Signed by office representative)

..... (Signed by CoppaFeel! Company Ambassador)

Name of contact at office:

Address: