

**Breast cancer can affect anyone.
Checking your chest could
save your life.**

CoppaFeel!
breast cancer awareness

Here are our chest checking tips:

- ✓ Check monthly
- ✓ Be aware of the signs of breast cancer
- ✓ If in doubt, get it checked out with your GP

For **FREE** monthly
text reminders,
text **EARLY** to
82228

Standard network rates apply for texts
you send us. Receiving our reminders in
the UK is free.

Visit coppafeel.org for more information.

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