

School/college

Hey there,

I hope the start of term's going well.

I'm a local volunteer for [CoppaFeel!](#), the UK's only youth-focussed breast cancer awareness charity. I'd love to visit your school to speak to your students about the importance of checking your chest.

Our school talks are inclusive, empowering, and accessible. We focus on giving young people of all genders the confidence and knowledge to check their chest and understand what's normal for them. (Nearly 400 men are diagnosed with breast cancer each year in the UK.)

I can offer...

- **A 45–60 minute awareness talk** (PowerPoint-based) for KS4 and up, ideal for assemblies or PSHE sessions
- **A drop-in session or awareness stall** during break/lunch, where students can ask questions and have informal chats around checking
- **Free resources** (leaflets, stickers, badges) for students to take away

Students will gain...

- Clear, age-appropriate info about breast cancer signs
- Confidence in how and when to check their chest
- Tools to take control of their health in a positive, proactive way

There's no cost to the school, just a bit of time and a space to talk! If this sounds like something your students could benefit from, I'd love to find a time that works for you.

Please feel free to reach out with any questions.

Best wishes,

[Your name]

CoppaFeel! Education Speaker Volunteer

Business

Hey there,

I hope you're doing well.

I'm a local volunteer for [CoppaFeel!](#), the UK's only youth-focussed breast cancer awareness charity.

I'd love to offer your team a free educational session as part of your wellbeing or development programme, particularly if you have early-career employees, interns, or a graduate scheme.

I can offer...

- **A 45–60 minute 'lunch and learn' session**, delivered virtually or in person
- **A drop-in session or awareness stall** over lunch, where colleagues can ask questions and have informal chats around checking
- **Free resources** (leaflets, stickers, resources) for your team to take away

Why book a session?

- Breast cancer is the most common cancer in females aged 15–44 in the UK. Nearly 400 men are diagnosed every year ([CRUK](#)).
- Our sessions help staff of all genders feel confident to check their chest and empowered to contact their GP if they notice a change.
- It's a positive, practical way to support your team's wellbeing and health

Our sessions are inclusive, empowering, and accessible. There's no cost for a session, and we're happy to work around your schedule.

Please feel free to get in touch if you'd like to chat or explore a date.

Best wishes,

[Your name]

CoppaFeel! Education Speaker Volunteer