

CoppaFeel! Speaker role: what you need to know

Hey there! 🙌

Thanks for applying to be a volunteer **CoppaFeel! Speaker**.

Before our chat, take a few minutes to read through this document. It'll give you a quick overview of the role and help us make the most of our time together.

About the role

Our Coppafeel! Speakers are a passionate team of around a hundred volunteers, each with their own story to share. Some have had breast cancer themselves, some are living with secondary breast cancer, others have supported a loved one through treatment, had a scare, or found out they carry a changed gene that increases their risk.

Using a pre-prepared **45-minute PowerPoint presentation**, volunteers deliver fun and engaging awareness talks to young audiences. The slides and script are put together by Coppafeel! HQ, with space for volunteers to personalise their talk by adding their own story and photos.

Talks take place in a variety of youth-focused settings, including **schools**, **youth groups**, and **young workplaces**. This is a hybrid volunteering role, meaning some talks will be **online** and others **in person**. This gives you flexibility and the chance to reach more young people.

Occasionally, there are opportunities to run a stall at a festival, university fair, or even share your story in the media. These aren't a core part of the role, and the focus is awareness talks.

What The Programme Aims to Do

Our speaker programme is aimed at **young people aged 13+**, with a key focus on **18-24-year-olds**.

Through these talks, we:

- **Educate** young people on the signs of breast cancer.
- **Encourage** them to check their chests every month.
- **Empower** them to visit their GP if they notice anything unusual.

By sharing real stories and clear and accessible health information, our volunteers play a vital role in giving young people the tools to understand their bodies and feel confident taking action. This supports CoppaFeel!'s mission: to make sure all breast cancers are diagnosed early and accurately, where treatments are most effective and more lives can be saved.